VEGAN

VEGAN MENU

STARTERS

	For 1	/	For2
Garlic Bread	€4.50		€6.90
Cheesy Garlic Bread	€5.90		€7.90
Traditional Bruschetta	€6.50		€8.50
Cheese Bruschetta	€6.90		€8.90
Traditional Maltese Focaccia (for two)	/		€12.50
Tomatoes, olives, capers, onions, garlic, basil, vegan cheese			
Soup of the Day	€8.00		/
Miso Noodle Soup Vegetarian	€9.50		/
Miso paste, spring onions, tofu, mushrooms, wakame			
Maltese Platter	€9.00		€13.90

Bigilla (mashed beans), artichokes, sun dried tomatoes, fresh tomatoes, olives, capers, butter beans in garlic & parsley, galletti (water crackers) on a bed of lettuce

STIR FRY NOODLES

Vegetable Noodles €9.50

Cabbage, peas, carrots, bell pepper, mushrooms, almond flakes, soy sauce, sesame seeds

Green Noodles €9.50

Cabbage, peas, green pepper, spring onions, spinach, soy sauce, sesame seeds

Spicy Tofu Noodles €11.50

Cabbage, bell peppers, carrots, tofu, fresh chillies, soy sauce, sesame seeds

PASTA

Gluten Free Pasta Available + €2

Linguini Aglio E Olio €13.50

Garlic, olive oil, fresh chilli

Penne Mushroom & Truffle €14.90

Spinach, garlic, mushrooms, truffle paste, soya cream, cherry tomatoes

Home-made Mushroom Ravioli €14.50

Cooked in soya cream with sun dried tomatoes, garlic, onions, cherry tomatoes & walnuts

Vegetable Lasagne €14.90

Fresh vegetables, tofu, tomato sauce & soya cream

Curried Lentil Risotto €14.90

Mushrooms, brown lentils, spinach, coconut cream, curry, onion, garlic

Risotto ai Funghi €14.90

Mushrooms, sundried tomatoes, soy cream, onion, garlic

BURGERS

Gluten Free bun extra + €1.50

Classic Burger €14.90

Bun, vegan burger, caramelised onions, lettuce, tomatoes

Vegan 'Chicken' Burger €15.90

Bun, breaded vegan chicken fillet, vegan cheese, crispy onions, lettuce, tomatoes

Vegan Truffle Cheese Burger €16.90

Bun, vegan burger, crispy onions, vegan cheese, truffle paste, lettuce, tomatoes

Beyond Burger Mushroom & Cheese €16.90

Bun, vegan burger, mushrooms, vegan cheese, crispy onion, lettuce, tomatoes

SALADS

Vegan 'Chicken' Caesar Salad **€13.90**

Mixed green leaves, crispy onion, capers, cherry tomatoes, onions, cucumbers, vegan dressing

Avocado & Tofu **€13.50**

Mixed green leaves, cherry tomatoes, avocado, almond flakes, tofu, walnuts, vinaigrette dressing

Maltese Salad **€12.50**

Mixed leaves, cherry tomatoes, sun dried tomatoes, artichokes, bigilla (mashed beans), butter beans in garlic & parsley, galletti (water crackers), olives, basil dressing

Falafel Salad **€13.90**

Mixed green leaves, homemade hummus, falafel, cherry tomatoes, onions, cucumbers, tahini dressing, croutons.

KIDS MENU

Penne Napolitana Tomato sauce **€8.00**

Vegan 'Chicken' Nuggets & Smileys **€8.50**

Vegan Pizza Margherita **€8.50**

Vegan 'Sausages' & Smileys **€8.50**

PIZZA

Gluten free base extra + €2.00

Margherita €11.90

Tomato sauce, vegan mozzarella, oregano

Funghi €14.50

Tomato sauce, vegan mozzarella, mushrooms, oregano

Vegetarian €15.90

Tomato sauce, vegan mozzarella, sun dried tomatoes, mushrooms, bell peppers, artichokes, olives, oregano.

Quattro Stagioni €15.90

Tomato sauce, vegan mozzarella, vegan sausage, mushrooms, artichokes, olives, oregano

Maltese €15.90

Tomato sauce, vegan mozzarella, sun dried tomatoes, onions, olives, artichokes, oregano, rucola

Chicken BBQ €15.90

Tomato sauce, vegan mozzarella, vegan chicken, bell pepper, mushrooms, onions, bbq sauce, oregano

Bianca Truffle €16.50

Vegan mozzarella, mushrooms, truffle paste, cherry tomatoes, onion, walnuts, rucola, oregano